

# LION'S MANE BREAKFAST LATTE

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Prep. time:	Cook time:	Serves:
10 min	N/A	1

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## INGREDIENTS:

Ingredients- Mix all in blender

- 1 cup Coconut milk or milk of choice
- ½ cup coffee
- 1 teaspoon Lion's Mane mushroom powder
- 1 teaspoon cinnamon
- ½ teaspoon vanilla
- 1 tablespoon sweetener of your choice